

My Visit to Smile Station Pediatric Dentistry : A Social Story



Today, I am going to the dentist. Dentists are doctors that help us keep our teeth healthy and clean.



We'll say "hello" to the nice people at the front desk and tell them our names.



There are toys to play with and books to read in the waiting room.



When my name is called, I will follow my helper to a room with lots of special chairs.



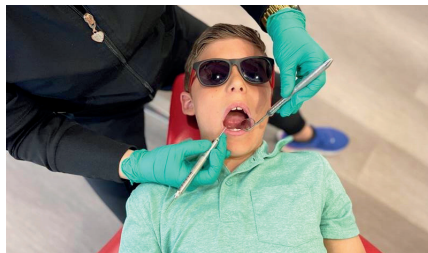
I will lay down on the chair with my legs and feet straight out in front of me and my hands on my belly.



I can watch the train travel around the ceiling or choose a show to watch on the TV above my chair.



My helper will show me all her special tools and tell me what they are for before we use them.



I will open my mouth as wide as I can so my helper can look inside. She has a special tooth polisher that makes a buzzing sound while it cleans my teeth. It tickles!



I might have special pictures taken of my teeth; these pictures are called x-rays. I will wear a heavy apron and sit or stand very still.



The dentist will use a little mirror and a tooth counter to check my teeth. I will help the dentist by keeping my mouth open wide.



When we're all done, the dentist will give me a token to choose a special prize! I'll also get to take home a new toothbrush and toothpaste!



Visiting the dentist is FUN and I love my healthy smile!



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www.omahakidsdentist.com